

Mr Nabil Haddad M. OBSTET, GYNAEC, FRCOG  
Consultant Gynaecologist

Patient Information

# Recurrent Miscarriage

## Recurrent Miscarriage

Recurrent miscarriage is a devastating medical problem with far-reaching effects on the couple and the clinician. Few problems strike the heart of a relationship as forcefully as recurrent pregnancy losses and long standing infertility.

Recurrent miscarriage is defined as three or more consecutive spontaneous pregnancy losses of less than 20 weeks of gestation. Some studies recently have indicated that the risk of recurrent miscarriage after two consecutive losses is similar to the risk of miscarriage after three losses. Thus, it appears reasonable to start the investigations after two or more consecutive spontaneous miscarriages to determine the cause of the pregnancy loss, especially when the woman is older than 35 years of age, or when the couple has had difficulty conceiving either naturally or after IVF.

Recurrent miscarriage may have a cause distinct from sporadic spontaneous losses, with an inherent factor placing some couples at greater risk for further pregnancy loss. A definite cause of recurrent miscarriage can be established in approximately 60-70% of cases after a thorough evaluation.

The routine work-up for recurrent miscarriage begins with a detailed history of both partners and physical examination of the female partner. A complete list of investigations will include tests to exclude one or more of the following causes: genetic, endocrine, anatomic (uterine abnormalities), immune, thrombophilic and infectious. Further, attention to plausible iatrogenic/environmental causes will be given. Successful outcome in terms of a live birth occurs in more than two thirds of all couples.

To help couples work through the fear of future pregnancies, Mr Haddad and his specialist team provide an appropriate evaluation, close follow-up in the first trimester of pregnancy and continued emotional support.

# Mr Nabil Haddad Consultant Gynaecologist

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### Further Information

If you would like to find out more information about Recurrent Miscarriage or you would like to book an appointment with Mr Haddad then please get in touch.

You can call, email or simply use the 'Ask a Question' form on our website and we'll call you back

### Contacting Mr Haddad

| General Queries and Appointments  | Mr Haddad's Private Secretary   |
|---|---|
| Freephone: 0800 804 7640  | Anne Bailey   |
| Tel: 01244 677797   | Tel: 01244 677797   |
| Fax: 01244 674222   | Fax: 01244 674222   |
| Email: <a href="mailto:enquiries@nabilhaddad.co.uk">enquiries@nabilhaddad.co.uk</a> | Mob: 07765 004984   |
|   | Email: <a href="mailto:a.bailey@nabilhaddad.co.uk">a.bailey@nabilhaddad.co.uk</a> |

### About Mr Haddad

Nabil Haddad qualified in medicine in Cairo in 1976. He trained in London, Southampton, Liverpool and Edinburgh. In 1989, Nabil was appointed as a Consultant Gynaecologist in Chester. Here he developed the Fertility and Assisted Conception Service and has led the service ever since.

Nabil was instrumental in pioneering **Transport IVF** and had the first ever successful baby from that technique in 1990.

Nabil is committed to the provision of total fertility services and advocates a **Fitness for Fertility** approach in order to prepare couples for treatment and improve successful outcomes.

Nabil serves on many local and national fertility committees. His research is clinically orientated and he has published on many aspects of fertility care.

Nabil is an expert in Gynaecological Management of:

Endometriosis

Fibroids

Menopause

Menstrual disorders

Pelvic pain

Polycystic Ovarian Syndrome and abnormal cervical smears.

Recurrent Miscarriage

Nabil takes great pride in offering the highest standard of individualised 'Patient Care' in comfortable and professional surroundings and believes wholly in evidence-based medicine.

Furthermore, the decision making process does not only involve Mr Haddad and his multi-disciplinary team, but involves you the patient, which means you fully understand what treatment is being prescribed and for what reasons.



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**Consultant Gynaecologist**

**Our Clinics**

|   |   |   |
|---|---|---|
| <b>Grosvenor Nuffield Hospital</b><br>Wrexham Road<br>Chester<br>CH4 7QP  | <b>Chester Wellness Centre</b><br>Wrexham Road<br>Chester<br>CH4 7QP  | <b>Spire Abergele Consulting Rooms</b><br>Ground Floor, Priory House<br>North Wales Business Park<br>Abergele, Conwy<br>LL 22 8LJ                   |
| <b>General Queries and Appointments</b><br>Freephone: 0800 804 7640<br>Tel: 01244 677797<br>Fax: 01244 674222<br>Email: enquiries@nabilhaddad.co.uk | <b>General Queries and Appointments</b><br>Freephone: 0800 804 7640<br>Tel: 01244 677797<br>Fax: 01244 674222<br>Email: enquiries@nabilhaddad.co.uk | <b>General Queries and Appointments</b><br>Freephone: 0800 804 7640<br>Tel: 01244 677797<br>Fax: 01244 674222<br>Email: enquiries@nabilhaddad.co.uk |

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